From the Principal

Congratulations to Year 11
During the recent Crossroads program held at Narrabeen Academy of Sport, our students were highly commended by both our staff and Academy staff for the manner in which they participated in the program and conducted themselves while at the various activities. Students participated in a range of physical activities along with working cooperatively with visiting speakers to make the most of their opportunities in this compulsory Stage 6 program. A detailed report of their activities will be seen later in this edition.

Congratulations and thank you Year 11.

Information Evenings
Two very well attended Information Evenings were held through the week for parents of students in Years 7 and 10. I would encourage all Year 8, 9 and 11 parents to attend their sessions next week to learn more about the assessment procedures for students along with the other programs that will be offered during the year.

Staff Continue With Professional Learning
Following on from our highly successful School Development Day on January 27, last Monday afternoon saw our staff continue on their professional learning journey. Staff from across all faculty areas have identified an area in which they have a special interest for their professional learning. From these, Professional Learning Community (PLC) teams have been formed where staff share their learning in an ‘action team’ approach across the school. In implementing strategies from their learning into classroom practice, PLC team members will observe each others’ practice and feed back to each team member for continued growth and improvement. This is an exciting structure put into place by Head Teacher, Teaching and Learning, Bianca Hewes and is being enthusiastically embraced by staff.

PLC teams include staff learning in the areas of: Student Assessment, Critical Thinking Skills, Behaviour Management, ICT Integration, Student Wellbeing, Literacy Skills in the Classroom and Mentoring/Coaching Techniques.

P&C Meeting
Our initial P&C meeting for the 2016 school year was very well attended on Wednesday evening. Thank you to all parents who support the school through this avenue. It was especially encouraging to see so many parents who are new to the school attending.

We have a very active P&C and the reports from the various committees on Wednesday night highlighted just how strong the parental involvement is in our school. From support with curriculum enrichment programs to properties, financial, environmental and energy consumption programs, our parents offer an extraordinary range of skills and expertise to ensure the very best for all students in the school.

Outstanding Swimming Result

Congratulations to Tessa Houston of Year 12 who competed in the inaugural Cole Classic 5k swim recently at Manly. Swimmers swam from Shelly Beach to Freshwater and then back to Manly. Tessa was the first female home, completing the race in 1 hour 5 minutes.

National Sailing Champions
Jesse and Zoe Dransfield (Year 10 & 8 respectively) recently teamed up to win the National Championships in the Flying 11 class sailed at Belmont, Lake Macquarie against 69 other boats from across the nation. This is quite an achievement of which they can be very proud.
School App
For those new to the school, and others who may have forgotten, the school does have an app to assist in communication with students and parents. This is just one aspect of our communication, but can be a very effective one. The app is freely available from app stores for both iOS and android devices. The QR codes below can be used to download the app or simply search Manly Selective on the App Store.

In addition to this, school updates and events are regularly posted in the school’s Twitter feed.

@ManlySC

From the Deputy Principals
The Year 10 Parent Information evening on Thursday this week provided an overview of Year 10 assessment requirements for the BOSTES Record of School Achievement (RoSA) and the range of programs and opportunities available for students at Manly Selective Campus. Students are reminded to refer to their RoSA Assessment Guidelines booklet to assist with organization and time management throughout this busy and exciting year. Year 10 are also reminded to return their BOSTES entry forms at their very earliest convenience.

Year 8 parents are invited to attend the Information Evening next Monday 15 February at 7pm in the Hall. Information regarding Year 8 programs, assessment procedures and practices, and strategies to assist students with their study skills will be provided. We look forward to seeing all parent and students at this event.

Mindfulness, learning to train your attention to the present moment without dwelling on what has happened in the past or worrying about the future, is a strategy which can assist students to achieve their personal best. Research indicates the factor which best assists learning is the quality of attention brought to that task, not just the time spent on the task. This year my Year 12 Extension Mathematics students will be practicing mindfulness each lesson. One of the questions asked at the start of our lesson this week, before we launched into Probability involving Permutations and Combinations, was “your body is present – is your mind?” This question is one we could all benefit from asking ourselves as we navigate the distractions of our busy, multitasking world.

Cath Whalan
Deputy Principal Years 8, 10, 12

-----------------------

Thank you to all the parents who attend the Year 7 Parent Information evening on Monday this week. The support parents provide through taking an interest in the programs on offer is of great importance in motivating and encouraging our students. Parents were given an overview of the Year 7 programs and important information regarding assessment.

All parents and students of Year 9 are invited to the Information Evening on Wednesday 17 February at 7:00pm in the school hall. Assessment procedures and practices along with strategies to
assist Year 9 with their learning will be communicated at this important event.

Year 11 have returned to school after spending three fun filled days participating in the Crossroads program. Activities included raft building, bushwalking, archery, trapeze and team building challenges. These activities are designed to build students’ sense of empowerment and respect for themselves and others. There were also sessions presented by headspace, paramedics and local GPs as a way of establishing support networks for our students. It’s a fantastic program that brings the grade together as they approach their senior years of study. A special thanks to the staff who attended - Ms Howard, Ms Walker, Mr Kay, Mr Crooks and Mr Somerton, and to Ms Munro and Ms Rixon for their overall co-ordination of the program.

Information about headspace: headspace is the National Youth Mental Health Foundation providing early intervention mental health services to 12-25 year olds. The service is designed to make it as easy as possible for a young people and their families to get the help they need for problems affecting their wellbeing. This covers four core areas: mental health, physical health, work and study support and alcohol and other drug services. The closest headspace centre is located in Brookvale. Further information can be found on the headspace website.

Kathy O’Sullivan
Deputy Principal Years 7, 9, 11

**Careers**

Mrs Deb Rixon (Career’s Adviser Manly Selective Campus) can be contacted in the Career’s office. Phone: 9905 3982 or email: Deborah.Rixon@det.nsw.edu.au

Each Tuesday Mrs Helen Crebar will also be available for Career’s advice/contact her in the Career’s office Helen.Crebar@det.nsw.edu.au

Outside the Career’s office there is a mailbox where students can return forms/place written messages etc and a large whiteboard where messages can be left if the office is unattended.

MSC has a Careers website: www.manlyselectivecampuscareers.com. Students can access this site through the link on the school’s website. Students and parents can explore the large amount of Career’s information on this site.

The Career’s department assists students with subject selection/finding Work Experience placements/resume writing/applications for university/completing scholarship applications etc.

**TERM 1 CAREERS WORKSHOPS**

For all Years 10/11/12 students. Each Thursday we are holding a series of Career’s Workshops in Room 209, students will be advised if they are in other areas of the school. Read the Daily notices for more information. Please be prompt.

- **Thursday 18 February**
  COMPUTING/ROBOTICS
  Room R166
  presenter - UNSW Rep

- **Thursday 25 February**
  SCIENCE/ENGINEERING
  Room 209
  presenter - SYDNEY UNI Rep

- **Thursday 3 March**
  BONUS POINTS/ELITE PERFORMERS
  Room 209
  presenter – Mrs Rixon

- **Thursday 10 March**
  BUSINESS SCHOLARSHIPS UTS
  Room 209
  presenter – UTS Rep

- **Thursday 17 March**
  ALL FACULTIES OF UTS
  Room 209
  presenter – UTS Rep

**INFORMATION EVENING FOR PARENTS & STUDENTS**

La Trobe University Sydney Campus Information Session Thursday 18 February, 6:00pm-7:00pm La Trobe University Sydney Campus Level 10, 11 York Street SYDNEY The information session provides students & parents the opportunity to learn more about our courses, internship opportunities & the support services available throughout student’s studies. To register visit http://www.latrobe.edu.au/sydney/info-session or contact Erin on sydney@latrobe.edu.au

**COURSES & WORKSHOPS FOR STUDENTS**

Meet A Keeper Days at Taronga  MAK is a one-day program for students 14 years and over who have expressed a keen interest in a career at the Zoo. The day includes a seminar presented by a panel of Zookeepers and other Zoo staff. Students will learn about aspects of zoo-keeping, including: qualifications, career opportunities, core responsibilities, careers structures and wages. Afterwards students will explore the Zoo and enjoy a mystery behind-the-scenes animal tour. Meet a Keeper days are being run in the first term in 2016, to assist students with subject choices for 2017.
SAVE THE DATE:
Wednesday 9 March 7-8:30pm
A talk for parents

An introduction to Parent Coaching: learn how to stay resourceful and calm during the challenging teen years - to bring out the best in yourself and your teen.

We look forward to hosting a talk for parents with guest presenter Jacqui Pollock: Parent/teen Coach, Executive Coach for school leaders, author and ex Manly Selective parent. More details to follow in next week’s newsletter.

For booking forms and information visit https://taronga.org.au/education/sydney/meet-keeper

**Free Exam Techniques and Strategies course**
During the course of our “Exam Techniques & Strategies” lectures, students will learn vital skills that will help optimise performance in school-based assessments, as well as strategies that will maximise learning and cut down on study time. This course valued at $300 is FREE with a $10 donation to the Fred Hollows Foundation. Book at http://www.tsfx.com.au/?hsc-program-succeeding-in-the-hsc

**UTS Science Outreach Program**
Students get a taste of studying science at UTS, learn about cutting edge research and discover new career and study options. The program is free for all high school students. More Info: http://www.uts.edu.au/about/faculty-science/our-community-engagement/outreach-and-community/school-excursions-and or contact christie.mcmongal@uts.edu.au

**OPEN DAYS/SCHOLARSHIP /GAP YEAR EVENINGS**

**Projects Abroad - Volunteer Overseas**
Projects Abroad Information Evening - come and find out about volunteering overseas with 30 countries and lots of projects to choose from. Tuesday 9 February 6.30pm-7.30pm at Sydney Central YHA 11 Rawson Place, Sydney 2000. Register your free place and find out more here: http://www.projects-abroad.com.au/more-info/information-events/

**Gap Year Roles Info Session - Tuesday 16 February 2016**
Gap Year Roles Info Session Date: Tuesday 16 February 2016 Time:6.30pm – 8.30pm. Location: Level 4, 9 George Street Parramatta. This information sessions will be attended by an ADF member who will give a presentation on Gap Year opportunities in the ADF. RSVP’s are essential : email: cptnswevents@dfr.com.au Include in RSVP: name of session and Ref: CAA

**The Australian National University Scholarship Roadshow 2016**
We are delighted to invite students and their parents to the national ANU Scholarship Roadshow, touring Sydney on Tuesday 23 February. Learn about the Tuckwell Scholarship program and the opportunities it presents from Pro Vice-Chancellor (Student Experience) Professor Richard Baker and a current Tuckwell Scholar. For further information and to register http://www.anu.edu.au/study/events

**OPPORTUNITIES FOR STUDENTS**

**BiG Day In @ UTS - Wednesday 2 March 2016**
BiG Day In IT Careers Conference for Years 9-12 students @ UTS on Wednesday 2 March. Speakers include Animal Logic (the LEGO movie), Microsoft, Westpac, CSC, IBM, WiseTechGlobal, CBA, TCS & more, talking about their careers & the future of technology. Cool exhibitors including Westpac, Microsoft, CodeCamp, IBM,CBA & loads more. Tickets $10ph for students http://www.thebigdayin.com.a

**RESOURCES FOR STUDENTS - FREE**

**Health GradStats since the turn of the century**
Click on the link https://www.myhealthcareer.com.au/health-industry/employment-and-starting-salaries-2015-gradstats to find out which profession had the biggest increase in the employment of graduates in 2015, and which median graduate income has doubled in the last 16 years. Email enquiries@myhealthcareer.com.au to lodge your request for what topics you'd like covered on My Health Career in 2016!

**SCIENCE SUMMER COURSES 2017**
Are you a Year 11 Science student keen to learn more about tertiary study and career options? Applications to attend the National Youth Science Forum in January 2017 open 1 March 2016. Go to www.nysf.edu.au to learn more about this transformative summer holiday program for students entering Year 12.
Drara

There are numerous aspects of Manly that only a student can understand. For example, the feeling of accomplishment upon successfully executing a hilarious pun, or the sense of camaraderie when your PE volleyball team wins the deciding point, or even more-so, the overwhelming sensation of relief after your English teacher accepts your draft essay. But one aspect of Manly that the minority of students would fully understand, is the cacophony of loud, scary, fearful, and often worrying noises that erupt from the performance space when Year 12 Drama has class. Despite our seemingly absurd and incredibly overt dramatic outbursts, these exercises do have quite substantial meaning towards our education. And so we have included some images and a description to convey exactly the purpose of some of these seemingly crazy lessons.

The picture on the left is taken mid-activity, and depicts the challenging “mirror game”, developed by theatre practitioner Augusto Boal, whereby two lines are formed, and the people in one line must imitate the people in the other line as accurately as possible. This was a very difficult challenge but was undertaken to make our bodies move in ways that we were not used to and thus allow us to become more aware of our movement.

The image on the right shows the beautiful fruits of our labour in the “sculpting models” exercise, in which one master mind (myself) created an image using the bodies of my peers, thus allowing them to experience new ways of moving and using their bodies; another component of Baol’s drama theory.

Indeed, during the proceedings of these 2-hour master drama lessons, there were weird noises, absurd happenings, odd body positioning and hilarious activities, but Year 12 Drama has a method to the madness, a madness to the method, and a whole lot of fun. We are a team of students that are tackling the HSC as a class, together. So next time you wonder through the TAS block, and hear some questionable noises erupting from the performance space, perhaps peek your head in the door, you never know what you’ll see.

- Connor Lambrou
  – Year 12 Drama, Year 1200 fun.

Parent/Student Information Evening 7pm, school hall

Year 8 – Monday 15 February
Year 11 – Tuesday 16 February
Year 9 – Wednesday 17 February

We look forward to seeing all students accompanied by a family member at these very important events.

The P&C Association and Year 8 Parents of Manly Selective Campus cordially invite you to an informal welcome reception for all new Parents and Guardians

Date: Wednesday 2nd March 2016 from 6.30pm – 9.00pm
Venue: Common Room at Manly Selective Campus (follow the signs in the foyer)
RSVP: School Office ph 9905 3982 by 26th February (to assist with catering please)

We look forward to meeting you.

Drinks and canapés will be served.

Cost: $10 per head, payable at the door

If you have any queries, please call Michael Jee, P&C President on 0498 498 798
Bands of Manly
Selective Campus

First week of rehearsals
Thank you to all students and families for sorting new logistics to attend the first week of rehearsals this week (CO commences Monday 15 February). Ensemble lists have been circulated via email.

2016 Band Fees
Invoices for semester one were emailed with the audition timetables. Thank you to those who have already paid. These payments will be processed now band lists are final.
Semester one fees are due on 19 February. Payments by this date receive a $15 deduction. Your prompt payment is much appreciated. If you do need longer to pay, please email our Treasurer Maggi Bennett on maggi@manlytax.com.au.
Invoices can be downloaded from the band website document page: http://manlypandc.org.au/?page_id=68.
Band fees are payable by semester, and the second semester fees fall due at the beginning of Term 3.

Senior Band Tour – SWO/JO/SE
Tuesday 26 April (pupil free day) – Friday 29 April
Every year in the first week of term two the senior bands tour or attend a music camp. This year is a touring year and as in other years, requires the participation of all members of these ensembles to succeed.
Plans are under way (venue TBA). In the meantime confirmation of numbers is critical for bus and venue bookings and costs (approx $500 pp). Please advise in an email by Thursday 18 February to your band liaison or sarahdowse@gmail.com if there is any unavoidable reason your child will not be attending this band tour.

Ensemble photos Thursday 3 March
Group photos for MSC are scheduled very early in the year. All CB and SwB students will need a blue band shirt and black pants (or skirt/tights) on this day. If you still require a shirt, please email the band parent coordinating band uniforms, Fiona Cantwell, at fionamb@iinet.net.au.
All other ensembles will wear FORMAL band uniform (blazers).

HELP NEEDED for HSC Design and Technology Project
Do you know anyone with ASD?
My name is Kate Tivey and I am a HSC student studying Design and Technology and for my major work I am designing a range of clothing for young girls (6-9) with autism. In order to complete my project I need input and feedback from a young girl with autism (anywhere on the spectrum but preferably with some communication skills). If anyone has a younger sister/family friend or knows anyone who would be able to help, please contact me on kate.tivey@hotmail.com or my teacher at kate.farrow@det.nsw.edu.au

SECOND HAND UNIFORMS
LOCATED UNDER THE TAS BLOCK
Open first Tuesdays of the month 8.15-9.30am & third Thursdays of the month 1.15-2.15pm

Next open lunchtime Thursday 18 Feb
Co-ordinators Marg Martin & Chris Schaller
Please contact us if you would like to place an order:
margaret.martin@optusnet.com.au
or christins@ozemail.com.au

Donations of washed good quality uniforms are most welcome and can be left at the office.
All proceeds go the P&C for school improvement projects.
For second hand band blazers (buy & sell) and new and pre-loved band polo shirts please contact Fiona Cantwell on fionamb@iinet.net.au

HELP NEEDED for HSC Design and Technology Project
Do you know anyone with ASD?
My name is Kate Tivey and I am a HSC student studying Design and Technology and for my major work I am designing a range of clothing for young girls (6-9) with autism. In order to complete my project I need input and feedback from a young girl with autism (anywhere on the spectrum but preferably with some communication skills). If anyone has a younger sister/family friend or knows anyone who would be able to help, please contact me on kate.tivey@hotmail.com or my teacher at kate.farrow@det.nsw.edu.au

SECOND HAND UNIFORMS
LOCATED UNDER THE TAS BLOCK
Open first Tuesdays of the month 8.15-9.30am & third Thursdays of the month 1.15-2.15pm

Next open lunchtime Thursday 18 Feb
Co-ordinators Marg Martin & Chris Schaller
Please contact us if you would like to place an order:
margaret.martin@optusnet.com.au
or christins@ozemail.com.au

Donations of washed good quality uniforms are most welcome and can be left at the office.
All proceeds go the P&C for school improvement projects.
For second hand band blazers (buy & sell) and new and pre-loved band polo shirts please contact Fiona Cantwell on fionamb@iinet.net.au
Second Hand Band Blazers
We only have a small number of second hand blazers available at present so if anyone is buying a new blazer and wants to sell their old one please contact Fiona Cantwell (fionamb@iinet.net.au) to be placed on the Buy and Sell Second Hand Blazer Register. We also welcome the donation of second hand blue band polos - the polos can be dropped off to the office and marked for the attention of the Second Hand Uniform Shop.

Committee Meeting Monday 22 February in band room- ALL WELCOME
Committee meetings are held once a term on Monday night, Week 5 from 8.00pm until approx. 9:15 pm in the Band Room near the canteen in the music corridor. All band families (Wind, Jazz and Strings) are welcome and encouraged to attend. The band program is run completely by parent volunteers and we would love new parents to come along, meet the committee members and get an insight into how the program is run. The parents who actively support the Bands of MSC, even if only in a very small way, find that it is truly a most rewarding way to participate in and support the school.

Band communication and calendar
Band liaisons will email contact lists and the band calendar to all band members in next week. Email and The Weekly Pines are our primary form of communication.
Please always note upcoming band dates listed in The Weekly Pines.

If people are not receiving emails from the program, check your junk mail and contact your band liaison or Alison Tourle on alison.tourle@tpg.com.au. Please advise your band liaison immediately if your contact details change.

Band Diary Dates
- Band Committee meeting – Monday 22 February 8.00pm in the band room. All parents/carers of band students are welcome.
- Open day at MSC- SE/BB/WE TBC Thursday 26 February; 9:15- 11:15 am
- Ensemble photos- All ensembles- Thursday 3 March. Instruments and band uniform needed at school (further information by email).
- Big Band Bash # 1 ALL ENSEMBLES - Friday 11 March. Band members from 3:30pm, concert 6:45pm- 8:45 All Welcome.
- OnShow (cross campus event) Wednesday 16 March: Ensembles TBA

Advance notice: Please note these dates
- Senior BandTour- SWO/JO/SE- Week One Term 2 - (26- 29 April)
- NSW band festival- with J Morrison: JO- Sunday June 12 (workshop am/concert pm)
- Workshop day- CO/WE/SWO/SwB/BB/BB: Monday 18 July (pupil free day- Term 3)
- NSW band festival: SWO Saturday 23 July UNSW
- NSW band Festival: CO/WE/SwB/SB/BB Sunday 24 July UNSW

MORE INFORMATION
The Band Information Handbook 2016 is also a good source of information and will answer most of your questions. Go to http://manlypandc.org.au/?page_id=34 and follow the links to the band documentation page to download the Handbook. Other useful information, including BoMSC calendar, is also provided on our website. If you have any further questions about the band program, please contact Band President Sarah Dowse on sarahdowse@gmail.com.

BAND WEB SITE
For current information go to the band website at http://manlypandc.org.au/?page_id=34

BAND NAMES
Wind Stream:
SWO~Symphonic Wind Orchestra; WE~Wind Ensemble; CB~Concert Band; SE~String Ensemble; CO~Chamber Orchestra

Jazz Stream:
JO~Jazz Orchestra; BB~Big Band; SB~Stage Band; SwB- Swing Band; JC- Jazz Combo

Jazz Improvisation:
Impro ~Impro Workshop
JC ~ Jazz Combo
### Calendar Term 1

Please check all dates and times closer to the event

#### WEEK 3
- **15/02/2016** Year 8 High Resolves
- **15/02/2016** Year 8 Parent Information Evening, 7pm
- **16/02/2016** Year 11 Parent Information Evening, 7pm
- **17/02/2016** Year 9 Parent Information Evening, 7pm
- **19/02/2016** Year 9 & 11 Final date for subject changes

#### WEEK 4
- **22/02/2016** Swimming Carnival
- **22/02/2016** Parent Band Meeting
- **25/02/2016** OPEN DAY
- **26/02/2016** School Photos - main day

#### WEEK 5
- **1/03/2016** Year 7 High Resolves
- **2/03/2016** New Parents Welcome Night
- **2/03/2016** Year 7 Disco
- **3/03/2016** Photo Day - groups
- **3/03/2016** Years 8 & 9 Disco

#### WEEK 6
- **7/03/2016** Year 7 camp
- **8/03/2016** Zone Swimming Carnival
- **8/03/2016** Year 7 camp
- **9/03/2016** Parent Coaching Introduction
- **10/03/2016** Lismore High School Visit
- **10/03/2016** Selective Schools Placement Test
- **11/03/2016** Big Band Bash - tbc

#### WEEK 7
- **14/03/2016** Year 12 Music Performance
- **15/03/2016** OnShow
- **16/03/2016** OnShow
- **16/03/2016** Principal's Tour of the school. Bookings essential via reception. Phone 9905 3982
- **16/03/2016** P & C Meeting, library, 7pm
- **17/03/2016** Sydney North Swimming Carnival
- **17/03/2016** Vaccinations Day 1 Year 7 and some Year 8 catch up
- **18/03/2016** Cross Country

#### WEEK 8
- **21/03/2016** Harmony Day
- **22/03/2016** Year 11 Seminar Wake Up Pds 1 and 2
- **22/03/2016** Year 11 Music Performance
- **24/03/2016** Premier’s Sporting Challenge
- **25/03/2016** Good Friday

#### WEEK 9
- **28/03/2016** Easter Monday
- **29/03/2016** Year 12 Half Yearly Examinations
- **30/03/2016** Year 12 Half Yearly Examinations
- **31/03/2016** Year 12 Half Yearly Examinations
- **1/04/2016** Year 12 Half Yearly Examinations
- **1/04/2016** Silver Duke of Ed Practice Pack & Paddle
- **1/04/2016** Bronze Duke of Ed Practice Expedition (Group 1)
- **2/04/2016** Silver Duke of Ed Practice Pack & Paddle
- **2/04/2016** Bronze Duke of Ed Practice Expedition (Group 2)
- **3/04/2016** CHS Swimming Carnival
- **3/04/2016** Silver Duke of Ed Practice Pack & Paddle
- **3/04/2016** Bronze Duke of Ed Practice Expedition (Group 2)

#### WEEK 10
- **4/04/2016** CHS Swimming Carnival
- **4/04/2016** Year 12 Half Yearly Examinations
- **5/04/2016** CHS Swimming Carnival
- **5/04/2016** Year 12 Half Yearly Examinations
- **6/04/2016** Year 12 Half Yearly Examinations
- **7/04/2016** Year 12 Half Yearly Examinations
- **7/04/2016** Anzac Day Assembly
- **8/04/2016** Year 12 Half Yearly Examinations

**END OF TERM 1**

**TERM 2 RESUMES**
- **26 April - staff development day**
- **27 April - all students return**