**From the Principal**

**Welcome to New Staff**
This week we have been fortunate to be able to welcome two new permanent members of staff to Manly Selective Campus. Mr Novotni has joined our school in the Mathematics faculty having been appointed through the merit selection process. Mr Novotni joins us from Glenwood High School and is very much looking forward to working with our students and community.

In addition, Mr Blanch has been appointed to our PDHPE faculty through the Department of Education’s Graduate Recruitment Program. While waiting for his initial permanent appointment, Mr Blanch had been working at Tamworth High School during 2014 and during Term 1 this year, and he too has expressed his absolute delight in being appointed to Manly.

We welcome both of these staff members to our community.

**ANZAC Day Service**

Students and staff participated in our service to commemorate the courage and sacrifice of those who have served Australia during periods of war and peace at our annual ANZAC service on Thursday. Marking the 100th anniversary of the landing of ANZAC troops at Gallipoli, our service was conducted by student leaders Alice Hawkins, Blake Lovely and Sebastian Szambowski. Moving tributes were also read by Rhiannon Marshall-Witte, Alexander Young and Maya Yaffe, each expressing their thoughts on differing aspects of the ANZAC story and tradition. Senior students Sola Ogata and Holly Sherlock laid the wreath which will be moved to the Manly War Memorial.

**Overseas Tours**
During the last school holidays, approximately 80 of our students participated in two tours to Europe. On Easter Saturday, 27 History students departed for Rome for the biennial tour taking in the sights of Rome, Pompeii, Herculaneum and Paestum. I was extremely fortunate to be one of the four staff to accompany these students and I cannot speak highly enough of the tour, or the behavior of our students. Being a tour to complement the Stage 6 Ancient History course, students gained first-hand experience in what they have, or in the case of Year 11 students, will learn in class. Much of the credit for this tour must go to Ms Julie Page. Her organisation and knowledge of what the students needed to see and learn, was astonishing. Our tour guide, Ms Angela Pollocino, was invaluable with her local knowledge and her ability to speak fluent Italian. One of the most telling moments of the tour came during our time at Pompeii. On this day we had booked Dr Estelle Lazar from Sydney University, and an expert on Pompeii, for a 3 hour session where she was to give a lecture followed by a short tour of the site. Dr Lazar ended up staying with us for the full day, sharing her expertise. Her reason for doing this: our students where totally engaged in what she was saying and what they were seeing, and in her words “they were asking questions that I don’t get from my university students”. She went on to say that she just couldn’t leave them without finishing her story and sharing her knowledge. Our students showed this same...
dedication to everything they saw and did – yes even the shopping.

Meanwhile, 54 Band students also flew in to Rome but on the middle Saturday of the holidays and they are currently making their way north through Italy and up into Austria. They too took in many of the sights of Rome before travelling further. The highlight of their tour will be performing at the Orangerie Schoenbrunn on the eve of the 100th Anniversary of ANZAC Day with special guest Mr David Stuart, Australian Ambassador to Austria.

Congratulations to our team for a wonderful game in which all boys gave of their all to ensure a contest until the end.

Debating
Congratulations to our Year 12 Debating team comprising Ben Bakker, Ella Clarke, Joshua Fourie and Kate Jackson, who yesterday defeated Willoughby Girls High arguing successfully in the negative that betting in sport should be prohibited.

Debating season is well and truly underway with our senior teams starting their competitions and junior debaters attending coaching sessions on various mornings through the week.

Athletics Carnival
Today saw our students participate in our annual Athletics Carnival. This is always a wonderful day that is exceptionally well-organised by our PDHPE staff. After the week of rain and wind that we’ve had, we are truly fortunate to be able to have such a wonderful track and field facility as the Sydney Academy of Sport, Narrabeen. Results will be published in next week’s newsletter.

Storm Damage
We were extremely fortunate to only suffer minimal damage and disruption due to the storms that hit our area early in the week. With no power outages and only a small area of the school affected by water, we were able to operate as normal. We did lose two large trees that were blown over in the wind with a number of trees also losing branches and spreading debris. Both of lost trees were on the hill area behind the basketball courts. These areas will be made safe until Department of Education contractors can come in to remove them. Having spoken with our area Asset Management officer this morning, other schools are in far more need of the services we require, with some schools in our area still having trees precariously balanced on school buildings.

Open Boys Football
Yesterday, our Open Boys Football team was defeated 4-1 by a very strong Epping Boys High School team. The game got off to a wonderful start with an early goal to Sebastian Szambowski and our boys took much from that. However, as they game wore on, the Epping boys controlled possession and in scoring two goals against the run of play, took advantage of both space and speed on the edges.
From the Deputy Principals

Year 8 have, as always, been providing an important service to the school. This service is when they act as the daily office “runners”. Each day two students set aside their own studies to spend the day transferring messages between the office staff and the whole school. They also assist with the recycling program that has been implemented by the Environment Committee. Importantly this committee is 100% student driven. We express our thanks to Year 8 for the work they do giving back to our own community.

Year 10 will receive their subject selection booklets at the Year meeting in Week 2. These booklets contain information about the subjects they may choose to study in Year 11 and Year 12. Most courses will be studied for both the Preliminary and HSC years, however, this booklet will also contain information about extension courses that are only available in Year 12. In a recent audit of communication, we found that students did not receive the information in writing of these extra extension courses. It is hoped that by providing all students with the full information for their next two years of study they will be able to have very meaningful discussions with family, friends, staff and other mentors to ensure they choose the pattern of study that best suits their strengths and post school aspirations. The mandatory information evening for Year 10 will be held Monday 11 May at 7pm in the Hall.

Year 12 completed their Half Yearly examinations in the final two weeks of last term. Hopefully they were able to spend at least some of the holidays resting and recharging batteries for this term. Many students will now spend even more time thinking about what to do next year. If they are considering a gap year, it is about this time of year that options will open up, with applications completed usually before the end of this term. The gap year program is common in rural and regional areas where students spend the year earning funds so they are able to afford to attend university when there is no option to live at home and travel in on a daily basis. Another bonus is the amount of personal growth that occurs in this year after school where the stakes are lower and the pressures lighter.

Barbara Bannister
(Deputy Principal Years 8, 10, 12)

had the pleasure of attending the Big Band Bash in the Hall. What a wonderful start to the holidays this was - celebrating the talents of all students involved in the band program and hearing our touring band perform just prior to their trip to Europe. Congratulations to all involved with this outstanding event.

During the holidays I read Flourish by Martin Seligman, the positive psychology ‘guru’. If you are interested in well-being and flourishing, this book is well worth a read. Amongst the many areas covered in the book are the five measurable elements that count towards well-being: Positive Emotion, Engagement, Relationships, Meaning and Achievement (PERMA). Seligman also noted that promotion of self-discipline is required to maximize student achievement. Practice, practice and more practice is a worthwhile strategy to ensure that our students reach their potential and turn their gifts into talents. Consistently completing homework is a valuable routine which can assist all students to strengthen their skills and achieve their personal best.

Cath Whalan
(Deputy Principal Years 7, 9, 11)

Canteen News:

Welcome back to Term 2! We hope all our volunteers had a great break and are looking forward to serving up the winter menu. The updated Term 2 roster is provided at the end of this week’s edition of The Weekly Pines.
We are looking for additional volunteers to help out on Mondays and Fridays. If you would like to assist, please call Mel during school hours on 9939 7835 or download and return the Volunteer Form on the canteen page of the P&C website. No experience is necessary; Mel and Brenda will train you in everything you need to know and your commitment of a few hours a month or term gives you a great opportunity to make new friends, catch up on the gossip, slot in meetings at school and meet your children’s friends!

For canteen menu and prices please follow the link to the canteen page on the P&C website: http://manlypandc.org.au/?page_id=20

BANDS OF MANLY
SELECTIVE
CAMPUS

European Tour
54 kids, 700 kg of band equipment and 3 suitcases with 48 full music scores are heading towards the end of a spectacular 16 day tour of Italy and Austria, returning this Sunday.

The bands have played in beautiful concert venues like the Chiesa di Santo Stefano al Ponte in Florence and the spectacular Schoenbrunn (Summer Palace) in Vienna. They have had master classes with renowned jazz and classical musicians, visited jazz clubs, performed in school concert exchanges, and by all accounts are having a generally fabulous time.

You can have a look at the daily blogs from the tour on https://mscbandtour2015.wordpress.com/

We look forward to hearing more on their return on Monday 27 April.

Rehearsals Weeks 2-3 Term 2: please take careful note

Week 2
- Normal rehearsals for CB, WE, SWO, JO, SwB, SB, SE, CO and Impro-Shop
- BB on Tuesday 28/4 will be the non-touring group from Term 1
- No rehearsal for Jazz Combo.

Week 3
- Normal rehearsals and normal ensemble configurations for all ensembles.

Band Competitions dates for diaries
The band program generally enters only one competition per ensemble each year. These are very important team events requiring attendance by all ensemble members. Please remember to put these dates in your diaries and factor them into plans for study and other commitments. These events are well worth inviting family and friends to, to hear the ensembles play at their best.

Band Diary Dates
- Term 2 Band Meeting, Monday 18 May-MSC Band Room, 8pm: All welcome
- Strings Workshop, Friday 22 or 29 May (TBC): SE
- Sydney Eisteddfod, Sunday 31 May (times and venue TBA): SE
- NSW Band Festival, Saturday 18 July: SWO
- NSW Band Festival, Sunday 19 July (times TBC): CB/WE/SWO/SwB/SB/BB
- NSW Band Festival, Sunday 30 August – Coogee Diggers: JO.

Band web site For current information go to the band website at http://manlypandc.org.au/?page_id=34

Band Names
Wind Stream:
SWO~Symphonic Wind Orchestra; WE~Wind Ensemble; CB~Concert Band;
SE~String Ensemble; CO~Chamber Orchestra

Jazz Stream:
JO~Jazz Orchestra; BB~Big Band; SB~Stage Band; SwB~ Swing Band

Jazz Improvisation:
Impro ~Impro Workshop
JC ~ Jazz Combo

For Term One:
T-WO ~ Touring Wind Orchestra
T-JO ~ Touring Jazz Orchestra

Ciao MSC!

Just checking in from the sunny side of the world.

From the touristy bustle of Rome, the religious majesty of the Vatican City, the artful grace of Florence and the serene gondola rides through Venice, to the picturesque home of "The Sound of Music" and now here in the sophisticated streets of Vienna, this European band tour has far surpassed everyone’s expectations and imagination.
Many musical highlights already have included a jazz masterclass with renowned jazz musician Attilio Troiano and a visit to a Jazz Club in Rome where some of our band members were given the opportunity to perform as soloists with Attilio and his band and an inspiring orchestral masterclass with Professor Wallnig from the "Mozarteum" in Salzburg. We have had 2 school exchanges with students our age which livened the mood with socialising after the performances. Our most memorable performance so far was at the Santo Stefano Church at the Ponte Vecchio in Florence where the acoustics were amazing and we received a standing ovation from the 150 + audience. Today, we received a bonus invitation to sit in on a Vienna Philharmonic Orchestra rehearsal where they played Haydn, Mozart and Brahms which was truly amazing. As you read this, we will be capping off our spectacular tour performing in our major concert at the Vienna Orangerie Schoenbrunn attended by the Australian Ambassador. Our final day will have us up very early for the Anzac Day dawn service, then breakfast at the Embassy and our final outdoor concert.

It has been non-stop music but we have still managed to pack into each day plenty of sightseeing. The Colosseum and the Pantheon in Rome, Michelangelo’s David in Florence, a boat arrival in Venice in glorious sunshine, gelato on Saint Mark’s Square via gondola to the home of Marco Polo and the lovely Rialto bridge. We journeyed through the mountainous borders into Strudel-land and delved deep into the old salt mines of Salzburg. Out of the mines, we were guided on an insightful tour, following the footsteps of the famous "Sound of Music". Pages more could be written if time allowed. However all this could not have been possible without our fantastic conductors, Mark Brown and Tim Crow, our dynamic Tour Leader Geoff Hayes, our generous, amazing teachers Peter Dawes and Meredith Legg together with parents Sarah Dowse and Maggi Bennett. Auf Wiedersehen.

                         Robert Cantwell and Yelson Qian

Bushcare at MSC –
Term 1 2015

Native plant species, Commelina Cyanea

Natalie with a Banksia 1

The team and faithful parents have rejoined with Bushlink to continue to regenerate the bushland at the top of the oval. After all the rain over the school holidays we have been kept busy removing paspalum, Cobbler’s Peg, Sida and Acetosa tubers. In our planted areas we are getting good regeneration within planted area – with native species, Commelina and Dianella.

We will continue with bushcare during Term 2 on Mondays 4/5, 25/5 & 22/6. These dates will be advertised regularly in The Weekly Pines. Please consider joining the group, it’s social as well as satisfying. No obligation to the number of sessions or amount of time spent as Bushlink are on site anyway. Find out more about Bushlink www.bushlink.org.au or enquire at info@bushlink.org.au or 9905 5377. You can also follow Bushlink on www.facebook.com/Bushlink or www.twitter.com/Bushlinktweet

Cathy Hockey and the Bushlink team
Please note that these dates may change. You are advised to check closer to the time.

**WEEK 2**

- 27/04/2015  Band Tour of Italy returns
- 27/04/2015  Year 9 Visual Art to Bundanoon Art Camp
- 28/04/2015  Year 9 Visual Art to Bundanoon Art Camp
- 29/04/2015  Year 9 Visual Art to Bundanoon Art Camp
- 30/04/2015  Project Penguin
- 1/05/2015   Years 9 & 10 SES Cadets to Flood training
- 1/05/2015   NAPLAN Equating p1 & 2

**WEEK 3**

- 4/05/2015   Year 7 Scripture Period 1
- 4/05/2015   Year 8 Tech4 Food Critics Incursion P3&4
- 4/05/2015   Cake Stall at recess for Red Cross Calling
- 5/05/2015   TBC Zone Cross Country
- 5/05/2015   Year 9 Project Penguin Mentors Day 1
- 5/05/2015   Working Bee - Charity for Women
- 6/05/2015   Years 9/10/11 Drama excursion
- 6/05/2015   Principal’s Tour of school. Bookings essential via reception. Phone 9905 3982
- 6/05/2015   P&C Meeting
- 7/05/2015   Year 11/12 Visual Art to White Rabbit Gallery
- 7/05/2015   Year 8 Tech 1 Food Critics Incursion P3&4
- 7/05/2015   Awards presented at assembly to SES Cadets
- 7/05/2015   Year 10 Japanese Incursion
- 7/05/2015   Manly Short Film Festival Showing
- 8/05/2015   Proposed Year 12 Music Workshop at FSC

**WEEK 4**

- 11/05/2015  Year 7 Scripture Period 2
- 11/05/2015  Year 10 into 11 Subject Selection Information Evening
- 12/05/2015  NAPLAN Years 7 & 9
- 12/05/2015  Enviro Day during SRC assembly
- 12/05/2015  Year 8 Tec2 Food Critics Day Incursion
- 13/05/2015  NAPLAN Years 7 & 9
- 14/05/2015  NAPLAN Years 7 & 9
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**Note:**
- MSC CANTEEN ROSTER T2
- Updated 22/04/2015

**Description:**
- The table lists the names of school staff members who are rostered for various duties across different weeks.
- Each row represents a week and the days of the week are listed from Monday to Friday.
- The roster includes information about PUPIL FREE DAY, ATHLETICS CARNIVAL, and QUEENS BIRTHDAY.

**Additional Information:**
- The table also includes notes for specific dates, such as 08-Jun-15 to 12-Jun-15, indicating QUEENS BIRTHDAY.
The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD via regular meetings. The group is run aims to provide a supportive environment to discuss and learn more about ADHD in order to best help parents and kids alike.

**SPEAKER EVENING: DR EMMA GAI GOLD**

“ADHD & Self-Esteem in Children: Helping your child with ADHD not to feel lazy, crazy or stupid”

Dr Emma-Gai Gold is a clinical psychologist who has completed a doctorate in clinical psychology and a thesis on social anxiety disorder and rumination. Emma has clinical experience working in both the public and private sectors, and has worked extensively with adults, adolescents, children and families presenting with a wide range of psychological concerns. She has a special interest in anxiety, mood disorders, ADHD and autism spectrum disorders. Emma currently works at Dr Caroline Stevenson & Associates, a general psychology practice, specialising in treating children and adults with ADHD.

**Monday 27th April 2015 @ 7.00-9.00pm**

The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale


Facebook: [https://www.facebook.com/BeachesADHDSupport](https://www.facebook.com/BeachesADHDSupport)
Facebook Forum: [https://www.facebook.com/groups/BeachesADHDSupportGroup/](https://www.facebook.com/groups/BeachesADHDSupportGroup/)
Email: nbadhdsupportgroup@hotmail.com

**Venue kindly sponsored by Pittwater RSL Club**

**Your guide to ADHD information, services & resources in the Northern Sydney region.**