From the Principal

**UBS Finance Academy**

Congratulations to Year 11 student, Robert Cantwell who has been selected to represent our school at the UBS Finance Academy 2015 program. Robert will attend a residential course at Macquarie University later this year designed to expose students to a creative mix of theory, industry exposure, field visits, syndicated work and fun leading to a case study based around the finance industry. To be considered for this program, Robert had to submit an application and CV around his career aspirations and how this background in finance might assist him. We wish Robert the very best and look forward to hearing of his experiences.

**Best Wishes to Overseas Tourists**

We would all like to pass on our very best wishes to the almost 90 students, staff and parents who will tour Europe these coming holidays. Our 27 Ancient Historians will visit Rome, Herculaneum and Pompeii gaining valuable insights into the history of these areas in line with their HSC program. They leave on Saturday and will return late in the second week of the holidays.

Our band students leave on their tour to Italy and Austria culminating in a performance to Australian Consular officials on ANZAC Day. Thank you to all staff and parents who have made these learning experiences available to our students.

**Best Wishes for Holidays**

Finally, thank you to all in our community who have helped to make Term 1 so successful. Our students, staff, parents and those outside providers that come in to our school for so many of the ‘special’ programs all contribute to making Manly Selective Campus such a special school.

I wish you all a happy and safe holiday period and look forward to returning refreshed in Term 2.

Tony Rudd
Principal

From the Deputy Principals

Year 8 will no doubt be delighted that the holidays are here. It is an opportunity to rest, relax, and catch up with family and friends. By putting screens away, all students will have a chance to reinvigorate their “people skills”. Perhaps they can talk the family into a long board game or perhaps a game of cards, or maybe it will be an opportunity to be creative in the kitchen, the workshop or perhaps in a studio. In all cases rest and relaxation is the main outcome to pursue.

Year 10 will receive their subject choice booklet in Term 2 Week 2. This will then allow time for family discussions and reflection. It will also provide an opportunity for students to speak with their teacher if they have some questions that may require a long response, or indeed to approach Mrs Rixon, our Careers Advisor for advice. Possibly the most important point to remember is that the best results are achieved when the subjects chosen are of interest, rather than through the misconception that a subject scales well in the ATAR calculation. The bottom line is everything scales well when the results are excellent – and quite the reverse is also true.

Year 12 will absolutely enjoy their break having completed their half yearly examinations this week. Students were impeccable in their conduct and many showed great skills of resilience by managing difficult circumstances due to unexpected infectious illness with aplomb. Personalised HSC examination timetables will be available from BOSTES Students Online (where all students should have registered by now) from April 29th.

Wishing a safe and relaxing holiday period to all.

Barbara Bannister
(Deputy Principal Years 8, 10, 12)
Year 7 students will be no doubt looking forward to a relaxing holiday after their first term of high school. They have spent the term getting to know other students, learning their way around the school, enjoying the range of subjects offered at Manly and participating in one or more of the many extracurricular activities available. The assessments towards the end of the term have highlighted the importance of organisation and time-management skills.

Year 9 students have also had a busy term. The three elective subjects have provided them with an opportunity to study courses of particular interest and to further develop their time management skills in ensuring tasks are completed on time and to the standard of each student’s personal best.

Year 11 students have enjoyed the opportunity to get to know other students at the Jindabyne Camp during the term. They have also completed their first Preliminary assessment task in most of their courses and should have feedback to inform them of areas for further revision and focus. The holidays are an opportunity to relax and recharge ready for another busy term ahead.

Changes to bell times were introduced this term to enable a structured Pastoral Care program and allow Year Meetings to be held more regularly without impacting on curriculum time. Thank you to all students and staff who have further developed their 21st Century skills of flexibility and adaptability managing these changes.

During the last two terms I have been relieving Principal each Wednesday and Thursday whilst Mr Rudd has relieved as College Principal. On these days Marisa Carolan has been relieving Deputy and I’d like to take this opportunity to publicly thank her for all her enthusiasm and support.

Cath Whalan
(Deputy Principal Years 7, 9, 11)

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**Wraps for Love 2015**

The holidays are here!!

It’s a great opportunity to knit while you are travelling or just sitting around home. Already the squares are coming in and we have seven completed blankets already.

Knit squares of 50 stitches by 50 rows (make a square) in any colour, using 8ply synthetic wool, size 4mm (or old size 8) needles.

Donations of wool are much appreciated by the 100 students who are busily knitting.

Students please keep bringing in those finished squares.

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**P&C PARENT CONTACT LIST**

The P&C maintain a set of contact details for each year which we then provide to all families in that year who have given us their details.

Updated about once a term, you will then have the contact details for the families in your child’s year. This can be extremely helpful in organising parties, lifts, sport events or just knowing how to get hold of people when your child is out and about.

It is entirely voluntary and you can provide as much or as little information as you wish.

Note: the school has your details of course, but they are not able, for privacy reasons, to provide them to the P&C (this note is sent out by the school), so we have to collect them independently from those who wish to participate.

We have just sent out the latest year lists. If you have received one then you are on our list. If you have not then we do not have your details and you will need to visit the P&C Web Site <http://manlypandc.org.au/?page_id=53> to register. Also if your details are incorrect or have changed this can also be done on the website.

Experience has shown that from time to time this is an extremely useful list and we encourage you to register.

We do not use the information for any other purpose than the lists and a very occasional email out to everyone regarding a P&C matter. It is not provided to anyone else, or used for any other purpose.

Have a great Easter.

Bill Hawkins
P&C President

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**Second Hand Uniform Shop**

We are open on the first day of Term 2
Tuesday April 21st
8.00am till 9.15am

Location: Under the TAS block

For more information contact: Sandra Salmon (asalmon@iinet.net.au)
End of Term
YEAR ADVISOR REPORTS
Year 7

Term one has been a whirlwind of new and exciting experiences and opportunities for Year 7, class of 2020. It has been pleasing to see so many of them take to their new High School with enthusiasm, diligence and open hearts and minds.

This was particularly apparent at The Great Aussie Bush Camp, where all the students threw themselves, quite literally, into the many activities that the camp offered, and embraced the opportunity to develop new friendships and further solidify those already established. Special mention goes to our courageous Kai Davies who had an unfortunate dalliance with his knee and a sharp rock whilst kayaking, but braved the somewhat vigorous cleaning style of the camp medic and carried on his camp adventure with great humour and tenacity.

Whether it was encouraging one another (and a few brave teachers!) to pluck up the courage to take the ‘Leap of Faith’ or working out solutions to intriguing physical and mental challenges, Year 7 were a cohesive and creative cohort with a collective twinkle in their eyes.

Their toes were also twinkling this term when they dusted off their dancing shoes and got their groove on with their Year 10 mentors at the disco. Fuelled by a sausage sizzle and sugar laden soft drinks, they worked up quite a sweat in the disco inferno of the hall.

Whilst this term has been an incredibly steep learning curve for Year 7, the speed with which most students were able to navigate the labyrinth of classrooms, the diversity of subjects and teachers, and the subtle nuances of the canteen queue has greatly impressed me. However, all this new knowledge and understanding can be very exhausting for the students, and their families! So please take some advice from Dr Seuss and make sure that these holidays you take the time to engage in the 3Rs:

Relaxing – do lots of whatever it is that makes you able to recharge your batteries, whether that be morning lie-ins, surfing with your mates, watching movies or hanging with friends and family. “You can find magic wherever you look. Sit back and relax, all you need is a book.”

Reading – always a great way to while away some time. Read anything that interests you – the newspaper, magazines, National Geographics, novels or even Harry Potter for the 20th time! “The more that you read, the more things you will know. The more that you learn, the more places you’ll go.”

Reflecting – think about all you have achieved this term. Reflect upon all the new people you have met – classmates, Year 10 mentors and teachers – the new experiences you have had, the new subjects you have been introduced to, the new expectations and opportunities of high school. Congratulate yourself on your successes – social, emotional and academic – and reflect upon the challenges you may have had – social, emotional and academic – and what you can learn from them, and use this new understanding of yourself in a positive way to meet Term 2 head on and smash it! “Think left and think right and think low and think high. Oh, the things you can think up if only you try.”
Have a wonderful holiday and I look forward to seeing you all nest term refreshed, revibed and ready for the next grand adventure.

Fiona Brien
Year 7 Advisor

Northern Beaches Secondary College
Duke of Edinburgh’s Award
BRONZE AWARD - CONGRATULATIONS to the 80 Year 9 Manly Selective students who recently completed their Duke of Ed practice expedition at Camp Somerset on the Colo River.

The bronze students spent a day training in skills such as navigation and map reading, route planning, first aid and packing for expeditions and stayed overnight at base camp. The students then embarked on a 2 day hike in groups of approximately 12 with a Somerset Outdoor Education leader. Groups were mostly mixed NBSC campuses so it was a great way to get to know people from other campuses.

To complete the Bronze award these students must also complete a qualifying overnight hike later in the year. The students reported having a fantastic time, showed camaraderie, enthusiasm and initiative and can be very proud of their efforts!

The students were:
SILVER AWARD – CONGRATULATIONS to 21 Manly students who completed their Silver practice expedition on March 27-29 – 3 days and 2 nights pack and paddle (hiking and canoeing) at Camp Somerset on the Colo River with 20 other NBSC students. The students hiked on the first day and half of the second day before switching to canoe for the remainder of day 2 and day 3. A great effort!

The students were:
Jasleen Singh, Romy Saunders, Coleen Leung, Gabriella Smith, Stephanie Stewart, Maya Yaffe, Hinano Fujisaki, George Morgan, Matthew Allan, Fraser Hall, Samuel Hobson, Adam Loader, Dylan Laver, Ryan Foo, Todd Miller, Varun Rao, Yu-Sean Chin, Louis Alston, Andre Hao Chen, Joshua Holmes and Callum Hoy.

The Silver qualifying pack and paddle is in September at Broken Bay.

If there are other students who are yet to complete their Bronze or Silver practice journey please contact Mrs Yorst to arrange an alternate expedition.

Duke of Ed – Experiences that last a lifetime

BANDS OF MANLY SELECTIVE CAMPUS

Buon Viaggio! to the Touring Wind and Jazz Orchestra – off to Italy and Austria on 12 April.

The Touring Symphonic Wind Orchestra, Touring Jazz Orchestra and Jazz Ensemble, 54 kids, 700 kg of band equipment and 3 suitcases with 48 full music scores are heading to Rome for the start of a spectacular 16 day tour of Italy and Austria. Along the way the bands will play in beautiful concert venues like the Chiesa di Santo Stefano al Ponte in Florence and the spectacular Schoenbrunn (Summer Palace) in Vienna. Masterclasses with renowned jazz and classical musicians, jazz clubs, school concert exchanges, sightseeing and singing Edelweiss in Saltzburg! An altogether bursting itinerary.

12 April - Depart from Sydney
13, 14, 15 April - Rome
16, 17, 18 April - Florence
19, 20 April - Venice
21, 22 April - Salzburg
23, 24, 25 April - Vienna
26 April - Flight from Vienna
27 April - Arrive in Sydney

Celebrating Anzac centenary in Vienna

The tour is timed for the group to commemorate the 100 Year anniversary of Anzac Day in Europe. The Ambassador to Australia, David Stuart, has honoured our school by accepting our invitation to our Anzac Centenary concert at the Vienna’s summer palace. In turn we are delighted to accept the invitation of the embassies of Australia and New Zealand to join them for the Anzac Day Dawn Service and embassy breakfast before setting up for our last big concert outside the palace.

Mark Brown and Craig Driscoll have prepared the students well. While very sad to have Craig staying behind performing nightly in Les Mí, we are delighted to have Tim Crow, Fort Street and School Spectacular jazz director, step into his role.

We thank the P&C for funding the tour jackets promoting Manly Selective Campus abroad, Hayes Travel for their itinerary, the school administration and principal for their support, and the parent band committee for all the work behind the scenes. Our band students are sure to be great ambassadors, entertaining musicians and wildly enthusiastic world travellers.

We wish them well on this once-in-a-lifetime experience and wonderful reward for their music making at MSC.
The touring band, with Director Mark Brown, looking sharp and holding correct instruments!!

Tour members: Isaac Arnold, Jack Bennett, Matthew Brittain, Daniel Broklebank, Robert Cantwell, Jeremy Chiu, Gianni Cincotta-Lee, Jaden Clark, Dominic Collins, Katerina Danko, Austin Davis, Tom Dowse, Barney Dowse, Jesse Dransfield, Sophie Elliott, Taj Elshaikh, Jack Fay, Bennett Frerck, Caitlin Frith, Hinano Fujisaki, Dennis Gann, Alex Gearing, Sebastian Gordon, Daniel Hammond, Katie Healy, Jason Hemaridis, Barclay Israel, Catherine Jung, Toby Kovacs, Dylan Laver, Angie Matheson, James Meadows, Angie Me, Enzo Merriman, Jess Moore, Georgia Morelli, Kieran Nolan, Yelson Qian, Hannah Quinn, Varun Rao, Amelia Reeve, Rosie Roberts, Declan Steele, Callum Sutton, Grace Underhill, Mara Van Duyl, Roanna Vohralik, Daniel Ward, Jordy Wattle, Liam Webster, Georgia Wong, Wilson Zhao, Casey Zhu, Jason Zhu

CALENDAR - TERM 2

Please note that these dates may change. You are advised to check closer to the time.

WEEK 1

20/04/2015  Staff Development day
21/04/2015  Band Tour of Italy
21/04/2015  Girls Knockout Soccer @ Drummoyne
22/04/2015  Band Tour of Italy
22/04/2015  Year 11 & 12 Excursion Meet the Music 2
23/04/2015  Band Tour of Italy
23/04/2015  ANZAC Day assembly
23/04/2015  Boys Knockout Football
24/04/2015  Band Tour of Italy
24/04/2015  MSC Athletics Carnival

WEEK 2

27/04/2015  Band Tour of Italy returns
27/04/2015  Year 9 Visual Art to Bundanon Art Camp
28/04/2015  Year 9 Visual Art to Bundanon Art Camp
29/04/2015  Year 9 Visual Art to Bundanon Art Camp
30/04/2015  Project Penguin
1/05/2015  Years 9 & 10 SES Cadets to Flood training
1/05/2015  NAPLAN Equating p1 & 2

WEEK 3

4/05/2015  Year 7 Scripture Period 1
4/05/2015  Year 8 Tech4 Food Critics Incursion P3&4
4/05/2015  Cake Stall at recess for Red Cross Calling
5/05/2015  TBC Zone Cross Country
5/05/2015  Year 9 Project Penguin Mentors  Day 1
5/05/2015  Working Bee - Charity for Women
6/05/2015  Years 9/10/11 Drama excursion
6/05/2015  Principal’s Tour of school. Bookings essential via reception. Phone 9905 3982
6/05/2015  P&C Meeting
7/05/2015  Year 11/12 Visual Art to White Rabbit Gallery
7/05/2015  Year 8 Tech 1 Food Critics Incursion P3&4
7/05/2015  Awards presented at assembly to SES Cadets
7/05/2015  Year 10 Japanese Incursion
7/05/2015  Manly Short Film Festival Showing
8/05/2015  Proposed Year 12 Music Workshop at FSC

WEEK 4

11/05/2015  Year 7 Scripture Period 2
11/05/2015  Year 10 into 11 Subject Selection Information Evening
12/05/2015  NAPLAN Years 7 & 9
12/05/2015  Enviro Day during SRC assembly
12/05/2015  Year 8 Tec2 Food Critics Day Incursion
13/05/2015  NAPLAN Years 7 & 9
14/05/2015  NAPLAN Years 7 & 9

WEEK 5

18/05/2015  Year 11 Half Yearly Examinations
18/05/2015  Year 7 Scripture Period 1
18/05/2015  Year 12PDHPE Big Day Out
18/05/2015  Parent Band Meeting
19/05/2015  Year 11 Half Yearly Examinations
20/05/2015  Year 11 Half Yearly Examinations
21/05/2015  Year 11 Half Yearly Examinations
21/05/2015  Zone Athletics Carnival
22/05/2015  Year 11 Half Yearly Examinations
22/05/2015  Year 8 Visual Art to Artmaking Beach excursion
22/05/2015  Year 7 Speaking Workshop

WEEK 6

25/05/2015  Year 9 High Resolves Day 1
25/05/2015  Year 7 Scripture period 2
25/05/2015  Year 12 Parent teacher night
26/05/2015  Year 7Hist and 7Geog to USYD
26/05/2015  Year 10 Study Skills Period 1 and 2
27/05/2015  Year 10 History Competition
28/05/2015  Vocal Ensemble Northern Beaches Eisteddfod
28/05/2015  Year 8 Geography/History Excursion
28/05/2015  Year 9 Project Penguin mentors Day 2
29/05/2015  Year 11 RYDA Driver training

**WEEK 7**

31/05/2015  School visit from France (until 15 June)
1/06/2015  Year 7 Scripture Period 1
2/06/2015  Year 9 High Resolves Day 2
2/06/2015  Macquarie Uni visit
2/06/2015  Year 11 and Year 8 Parent teacher night
3/06/2015  Year 9 Project penguin Day 3
5/06/2015  Year 7 Vaccinations & Year 8, Years 11/12 catchup
5/06/2015  SRC Night of Stars

**WEEK 8**

8/06/2015  Queen's Birthday Public Holiday
9/06/2015  Year 7 parent teacher night
10/06/2015  School visit from France
10/06/2015  Principal's Tour of school. Bookings essential via reception. Phone 9905 3982
10/06/2015  P&C Meeting
11/06/2015  Regional Cross Country
11/06/2015  HSC History Study Day
11/06/2015  Year 9 Project Penguin Zoo Expo Day
12/06/2015  SRC Tim Tams & Jim Jams
14/06/2015  P&C Working Bee

**WEEK 9**

15/06/2015  School Musical
15/06/2015  School visit from France - final day
15/06/2015  Year 7 Scripture period 1
16/06/2015  School Musical
17/06/2015  School Musical
18/06/2015  School Musical
19/06/2015  School Musical
20/06/2015  School Musical

**WEEK 10**

23/06/2015  TBC Vocal Ensemble Performance at Opera House
24/06/2015  Year 10 PALS Training
25/06/2015  HSC Modern History Excursion

**TERM 3 BEGINS**

13/07/2015  Staff Development day

Have safe and happy holidays
Parenting courses

These evidence-based programs are run by trained, experienced health professionals and aim to help you build trust, remain close, and improve communication with your children and teens.

TUNING IN TO KIDS
Children communicate in a variety of different ways. In this course, you will learn the core skills and how to use these to understand your child and improve communication and relationships within the family. These factors are important in enhancing children’s social skills and resilience.

In this course, you will learn the core skills of:
• understanding and managing your own emotions
• improving communication with your child
• better understanding your child
• helping your child learn to manage their emotions
• helping prevent behaviour problems in your child
• teaching your child to deal with conflict.

TUNING IN TO TEENS
After infancy, the brain’s most dramatic growth occurs in adolescence. In this course, you will learn the core skills and how to use these to help your teens navigate this challenging time. These skills will help you reduce conflict in your family so your teen is more likely to talk to you about the challenges they face. These factors have been found to reduce the risk of teen mental health and substance abuse problems.

This course will help you support the development of your teen’s emotional intelligence so they can:
• have greater success in making friends and managing conflict
• concentrate better at school
• calm themselves when upset or angry
• manage change and challenges
• be more aware, assertive, and strong when facing peer pressure
• have more stable and satisfying relationships as adults.

PARENTING CHILDREN WITH ADHD
This program has a practical approach with lots of room for discussions, practice, and reflection with a focus on self-care. The course is suited for parents who have a child who has recently been diagnosed with ADHD or those who are in the process of being diagnosed.

In this course, you will learn how to:
• understand ADHD and its impact on family dynamics
• develop a more positive relationship with your child
• use new strategies in managing ADHD behaviours
• help build your child’s self-esteem
• develop better support networks for your child.

TURN OVER TO RESERVE YOUR PLACE >>>

5 WEEK COURSES: LIMITED PLACES
Please complete this form and mail it with your payment to:
Tuning in, Be Centre Unit 3, 9 Apollo Street Warriewood NSW 2102
or scan and email it back to info@pollen.net.au
For more information please phone 02 9986 0955.